

SGRO Karate Fundraiser Tournament

SAT OCT 19, 2024.

Hope Bible Church, 1900 Ft Bragg Rd, Fayetteville, NC 28303

9:00 am Doors Open

9:30 - 11:30 am Clinic \$45 (Included with Tournament Fee)

11:30 am Line up

Tier 1: Fee/Application received on or by Friday, Oct 18, 2024:

\$45 per competitor, \$90 per family

Tier 2: AT THE DOOR, \$55 per person. No family discount

Spectator fee paid at the door: \$10 Individual, \$20 Family

Name: _____ Belt: _____ Rank: _____

Address: _____

City _____ State _____ Zip Code _____

Tel: _____ Age: _____ Wt: _____ Sex: _____ Male _____ Female.

Instructor: _____ Their Rank: _____ School: _____

Pay online (www.sktsd.com, then Click on Oct 19 Tournament)

Or make checks out to "SKTSD" and mail to:

SGRO Karate

2631 Raeford Rd

Fayetteville, NC 28303

Check the events you are participating in:

____ Forms ____ Sparring ____ Weapons Form ____ Padded Weapons Sparring

Divisions will be combined or split at the discretion of the Director.

Waiver of Claim: I hereby submit my application for registration in the SGRO Karate Fundraiser Tournament! I agree to waive all claims against any persons, school, or association connected with Hope Bible Church, SGRO Karate, and David Sgro. I assume complete and full responsibility for any injuries I may sustain and likewise will assume full responsibility for all my actions in connection with this tournament. I understand further that I will strictly observe and obey the rules and regulations as posted for this tournament. I understand Head Gear, Hand Pads (non-MMA style), Foot Pads and Mouth Guards are required for all Sparring Divisions. A groin cup is recommended for males.

Signature: _____

Date: _____

If under 18 years, guardian must sign

SGRO Karate Fundraiser Tournament

TOURNAMENT RULES:

- 1) INDIVIDUAL AND WEAPON FORMS:** Only recognized Forms allowed. No splits, gymnastic or acrobatic type moves. No live blades allowed in the Weapons Forms
- 2) SPARRING:** Required safety equipment: Head, Hand, Foot Gear and Mouthpiece. Groin cup for males is recommended. If a student does not have a mouth guard, a release form is available at the ring.

POINTS: All techniques are 1 point. More than 1 judge is needed to award a point.

ACCEPTABLE TARGET AREA: Front & side of the body and face, from belt up.

UNACCEPTABLE TARGET AREA: Any part of the body below the belt, the back, the back of the neck, top of the head. No contact to the eyes, nose, mouth, “triangle area”

ALLOWABLE CONTACT: Light contact to the body and side of the head (Foam touching foam).

NON-ALLOWABLE CONTACT: No striking the top or back of the head or the “face triangle” (eyes, nose, mouth)

ILLEGAL TECHNIQUES: No Spin backfist or open hand, (ie palm heels or spear hand). No elbow or knee kicks allowed

TIME LIMIT: 2 minutes, high score wins. 1-minute rounds until a tie is broken. (No sudden victory).

- 3) PADDED WEAPON SPARRING:** Padded Stick (NOT Handmade PVC Pipe) Head and Hand Gear required. Additional padding allowed. No “hard” plastic shin gear allowed (i.e. soccer plastic shin guards). Groin cup recommended.

POINTS: All techniques are 1 point. A majority of judges needed to score. You may score with one knee and/or hand touching the floor.

DISARMS: A disarm is when your padded stick is no longer in your hand, either because you dropped it, or your opponent hit your stick out of your hand. First and second time: 1 point is awarded to your opponent. The third disarm is “DQ” for the one disarmed.

ACCEPTABLE TARGET AREA: Front & side of the body (belt up). Front & side of the face. Arms. Legs

UNACCEPTABLE TARGET AREA: The back, back of the neck, top of the head, No contact to the “Face Triangle” (eyes, nose, mouth)

SGRO Karate Fundraiser Tournament

ALLOWABLE CONTACT: Light contact to: Body, head, arms, legs. (Not “Face Triangle”). Thrust to the body.

ILLEGAL TECHNIQUES: No thrusting of the weapon to the neck or face.

TIME LIMIT: 2 minutes, high score wins. 1-minute rounds until a tie is broken. (No sudden victory).

JUDGES 4 HAND CALLS (For both point sparring and padded weapon sparring)

Majority of judges required to call a point. One Judge, alone, cannot score a point. 1) “Point”: Raise the red or the blue flag to indicate a point is scored. 2) “No point”: Cross flags. 3) “Out of bounds”: Point flags to the floor. 4) “Contact”: Judges strike the flags together to signify excessive contact.

WARNINGS (i.e. Excessive Contact, Illegal Techniques, Running out of the ring)

1st Warning: Verbal warning

2nd Warning (same category): A point is awarded to the Opponent

3rd Warning: Disqualification.

4) DEMO DIVISION: 3 minutes. Minimum Team of 3 students. Have at it. Anything goes. Music, props, have fun.