**KO DAN JA 2023!**

Wed April 12, 2023

Session #1: 2:30 – 4:30pm

Session #2: 6:30 – 10:00pm (Sunset work out)

Thu April 13, 2023

Session #3: 9:00 – Noon

Session #4: 2:00 – 4:00pm

Session #5: 6:00 – 8:00pm (Sunset work out)

Fri April 14, 2023

Session #6: 6:30 – 8:30am (Sunrise work out)

Session #7: 10:00 - Noon

Afternoon: Enjoy the day to go site-seeing in Daytona or St Augustine

Session #8: 6:00 – 8:00pm (Sunset work out)

Sat April 15, 2023

Session #9: 6:30 – 8:30am (Sunrise work out)

Test: 10:00 – Noon