

KO DAN JA 2021

Training Event

Wed 27 – Sat 30 Jan 2021

“Step by step, walk the thousand mile road”. Miyamoto Musashi

26 Oct 2020

Dear Tang Soo Do Practitioner,

I hope you are in good health and spirits. It is with great pleasure that I am sending this Invitation for you to attend “KO DAN JA 2021” for advanced Tang Soo Do training.

Serious Black Belts have “Master Rank” as their goal, and the goal of this Shim Sa is to raise and develop leaders and realize a STRONG FUTURE! Continuing to develop the leadership of MYTSD (Moo Yea Tang Soo Do) is critical for a successful future, which permeates from “the head down”. Leaders that grow and develop realize that the key in growth and development of their leadership skill is, in part, through studying Leadership as they would a new Hyung or “technique”.

This Shim Sa will cover techniques, philosophy, disciplines, and “Walking the thousand mile road” (The key concept of “In Neh” Endurance). What does it take to endure the long road? Questions such as “What is the key to my Moo Do success?” Why do people fail on the long road? We’ll train in “Principals of Bunkai” (Practical Application of Hyungs).

This Shim Sa will be challenging, both physical and mentally. For Masters and Senior Masters in Tang Soo Do we know how challenging it is to find both the time and the opportunity to receive valuable training at the Ko Dan Ja level. “This” Ko Dan Ja is an opportunity to train and shine!

Tang Soo!

David L. Sgro, Chil Dan

Moo Yea Tang Soo Do Founder and President

Training and Testing Schedule (All times are approximate):

Wed 27 Jan 2021

2:30 - 4:00pm Session 1

4:30 - 6:00pm Session 2

6:30 - 8:00pm Session 3

Thu 28 Jan 2021

9:00 – 10:30am Session 4

11:00 – 12:30pm Session 5

2:00 - 3:30pm Session 6

4:00 - 5:00pm Session 7

6:00 - 8:00pm Session 8

Fri 29 Jan 2021

9:00 – 12:00pm Session 9

2:00 – 4:00pm Session 10

6:00 - 8:00pm Session 11

Sat 30 Jan 2021

Outside Sunrise: Session 12 Open to Ko Dan Ja Candidates, (Invited guest only)

8:30 – 9:30am Session 13 Private Portion of the Dan Test (Invitation Only)

10:00 – Close Winter Tournament and Masters Public Demonstration

Required Items for the Tang Soo Do Ko Dan Ja Training Event

28 Oct 2021

Re: Invitation to attend the Ko Dan Ja Shim Sa

Dear Candidate,

I hope this letter finds you in good health and spirits. It is with great pleasure to inform you that you are being invited to attend "Ko Dan Ja 2021 Training Event" to train in advanced Tang Soo Do techniques. Testing invitation letters will be sent later this year.

Name: _____ E-mail: _____
Address: _____ City: _____ State: _____ Zip: _____
Phone (H): _____ (C): _____
Instructor: _____ Your Rank: _____

Required Items:

- 1) Application
- 2) Fee: \$250 (MYTSD Members). \$300 Non MYTSD.

Make checks out to: MYTSD. Please fill out the "**KO DAN JA 2021**" **Release Form and Fee Schedule**, and mail it to the address below. Make sure it is post marked by 13 Jan 2021)

David L Sgro
c/o "Ko Dan Ja 2020"
439 Westwood SC PMB 215
Fayetteville, NC 28314

Waiver of Claim:

I hereby submit (Circle one: myself, my child) application for registration in "KO DAN JA Training Event 2021". I agree to waive all claims against any persons, school, or association connected with SGRO KARATE, David L. Sgro, and the training and testing associate with "Ko Dan Ja 2021". I assume complete and full responsibility for any injuries I may sustain, and likewise will assume full responsibility for all my actions in connection with "KO DAN JA 2021".

Signature (parents if participant is a minor)/Date