

Back To School Tournament

Sat Sep 9, 2023

Tournament location:

Hope Bible Church

1900 Ft Bragg Rd

Fayetteville, NC

Name: _____ Belt: _____ Rank: _____

Address: _____

City

State

Zip Code

Tel: _____ Age: _____ Wt: _____

Sex: Male Female. Instructor: _____ Rank: _____ School: _____

Competition Fee (Post marked by):

Tier 1: May 8 - July 7, 2023: \$30 per Competitor \$60 per family

Tier 2: July 8 - Aug 7, 2023: \$40 per Competitor \$80 per family

Tier 3: Aug 8 - Sep 8, 2023: \$50 per Competitor \$100 per family

Tier 4: Sep 9, 2023: \$60 per Competitor, register AT THE DOOR

Spectator fee paid at the door: \$5 Individual, \$10 Family

Registration and Payment options:

- 1) Pay online at www.sktsd.com and mail your application to SGRO Karate (address below)
- 2) Mail your tournament application and check made out to "SKTSD" to:

SGRO Karate

c/o "Back To School Tournament"

2631 Raeford Rd

Fayetteville, NC 28303

Tournament Schedule:

8:30am Doors Open

9:00am: Ages 7 and under

Noon: Team Demo Competition

12:15pm: Ages 8 up

Check the events you are participating in:

Team Demo Forms Sparring Weapons Form Padded Weapons Sparring

Divisions will be combined or split at the discretion of the Tournament Director.

Waiver of Claim: I hereby submit my application for registration in Back To School Tournament. I agree to waive all claims against any persons, school, or association connected with Hope Bible Church, SGRO Karate, and David Sgro. I assume complete and full responsibility for any injuries I may sustain, and likewise will assume full responsibility for all my actions in connection with this tournament. I understand further that I will strictly observe and obey the rules and regulations as posted for this tournament. I understand Foam Type Head Gear, Hand Pads, Foot Pads and Mouth Guards are required for all Sparring Divisions. A groin cup is recommended for males.

Signature: _____ Date: _____

If under 18 years, guardian must sign

RULES

- 1) **INDIVIDUAL AND WEAPON FORMS:** Only recognized Forms allowed. No splits, gymnastic or acrobatic type moves. No live blades allowed in the Weapons Forms
- 2) **SPARRING:** Foam Gear Safety equipment: Head Gear, Hand Gear (Thumbs must be covered), Foot Gear (Toes must be covered). Mouthpiece required. Groin cup for males recommended.

POINTS: All techniques are 1 point. More than 1 judge is needed to award a point.

ACCEPTABLE TARGET AREA: Front & side of the body and face, from belt up.

UNACCEPTABLE TARGET AREA: Any part of the body below the belt, the back, the back of the neck, top of the head. No contact to the eyes, nose, mouth “triangle area”)

ALLOWABLE CONTACT: Light contact to the body and side of the head.

NON-ALLOWABLE CONTACT: No striking the top or back of the head or the “face triangle” (eyes, nose, mouth)

ILLEGAL TECHNIQUES: No Spin backfist or open hand, (ie palm heels or spear hand). No elbow or knee kicks allowed

TIME LIMIT: 2 minutes, high score wins. 1-minute rounds until a tie is broken. (No sudden victory).

- 3) **PADDED WEAPON SPARRING:** Padded Stick (NOT Handmade PVC Pipe) Head and Hand Gear required. Additional padding allowed. No “hard” plastic shin gear allowed (i.e. soccer plastic shin guards). Groin cup recommended.

POINTS: All techniques are 1 point. A majority of judges needed to score. First and Second disarm 1 point to the opponent, each time. Third disarm is “DQ” for the one disarmed. A disarm is when the opponent drops his padded stick, either by striking the opponents weapon out of their hand, with your padded stick.

ACCEPTABLE TARGET AREA: Front & side of the body from the belt up. Front and side of the face. Arms. Legs

UNACCEPTABLE TARGET AREA: The back, back of the neck, top of the head, No contact to the “Face Triangle” (eyes, nose, mouth)

ALLOWABLE CONTACT: Light contact to: Body, head, arms, legs. (Not “Face Triangle”)

ILLEGAL TECHNIQUES: No thrusting of the weapon.

TIME LIMIT: 2 minutes, high score wins. 1-minute rounds until a tie is broken. (No sudden victory).

JUDGES 5 HAND CALLS (For both point sparring and padded weapon sparring)

Majority of judges required to call a point. Judges raise red or blue flag. 1) “Point”: Points to who scored. 2) “No point”: Low X Block. 3) “No see”: Covers hands over eyes. 4) “Out of bounds”: Point to the floor. 5) “Contact”: Judges strike the flags together to signify excessive contact.

WARNINGS (i.e. Excessive Contact, Illegal Techniques, Running out of the ring) 1st Warning: Verbal warning 2nd Warning (same category): A point is awarded to the Opponent 3rd Warning: Disqualification.

- 4) **DEMO DIVISION:** 3 minutes. Minimum of 5 participants. Music, props, have fun.